Easy_EnglishPassage_1005
The Power of Reading Books

Words: 379, Characters: 2311 **LEVEL: EASY**

Reading books is one of the best habits that a person can develop because it not only gives knowledge but also improves imagination and thinking power books are called the best friends of human beings as they never demand anything in return and always give wisdom a person who reads regularly becomes more confident in speaking and writing because he learns new words ideas and expressions books are available on countless topics like history science literature travel motivation and philosophy which means that whatever subject you like you can always find a book to read in ancient times people used to pass knowledge from one generation to another through written scripts and today libraries and online platforms make it easier to access millions of books reading also improves focus and patience because when you sit with a book you enter into a different world without distractions unlike television or mobile where constant notifications disturb you reading requires concentration and this habit helps in studies and professional life many successful leaders and businessmen always recommend reading because they believe that knowledge is the real power for example Warren Buffett spends about six hours daily in reading and Bill Gates also completes dozens of books every year this shows how important reading is for growth students can benefit a lot from reading extra books apart from their syllabus because it increases creativity and problem solving ability novels and stories improve imagination while biographies inspire us to work hard and never give up reading also relaxes the mind after a long busy day when you open a book and start reading slowly your stress level reduces and you feel calm unlike social media which sometimes creates anxiety and comparison books provide peace and depth the habit of reading should be developed from childhood when parents encourage children to read picture books and story books the kids grow up with curiosity and a love for knowledge in modern time e books and audiobooks have also become popular making it easier to read anywhere and anytime however printed books still have their own charm and many people enjoy the feeling of turning pages and keeping a personal collection in their home no matter what format you choose the main thing is to read daily

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